



Dietetic Technician

STANDARD OCCUPATIONAL CODE 29-2051.00

What They Do

Assist in the provision of food service and nutritional programs, under the supervision of a dietitian. May plan and produce meals based on established guidelines, teach principles of food and nutrition, or counsel individuals.

Is This For You?

Work Interests are described in the following categories (compatible with Holland's Model). People who tend to succeed in this career are:

Social - Enjoy working with, communicating with, and teaching people. They like helping or providing service to others.

Investigative - Interested in science and logic. They like to analyze, evaluate, and solve problems, and enjoy learning and understanding the causes of events.

Realistic - Enjoy work activities that involve practical, hands-on problems and solutions.

Work Values are aspects of work that are satisfying to you. The following work values are generally associated with this career:

Relationships - Allow employees to provide service to others and work with co-workers in a friendly non-competitive environment.

Support – Offer supportive management that stands behind employees.

Independence - Allow employees to work on their own and make decisions.

Abilities reflect a person's aptitude to acquire skills and knowledge. The following abilities are important for success in the career:

- Oral Comprehension
- Deductive Reasoning
- Oral Expression
- Problem Sensitivity
- Information Ordering
- Written Comprehension

Skills You Need

- Monitoring – Monitoring/Assessing performance of yourself, other individuals, or organizations to make improvements or take corrective action.
- Reading Comprehension – Understanding written sentences and paragraphs in work related documents.
- Speaking – Talking to others to convey information effectively.
- Active Listening – Giving full attention
- Critical Thinking – Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

Education & Training

Dietetic technicians require **at least an associate's degree in nutrition sciences, food sciences, or a related program.**

Where They Work

Industries which employ the largest number of dietetic technicians are:

- Hospitals
- Public Health Nutrition Programs
- Long-Term Care Facilities
- School Lunch Programs
- Nutrition Programs for the Elderly

US Employment & Wages

| 2016 Workers | 2026 Workers | Numeric Change | Percent Change | Average Demand for Workers | Average Annual Wage |
|--------------|--------------|----------------|----------------|----------------------------|---------------------|
| 33,400 | 36,500 | 3,100 | 9% | 3,000 | \$26,500 |

Activities: what you might do in a day

- Collect medical information from patients, family members, or other medical professionals.
- Evaluate patients functioning, capabilities, or health.
- Analyze patient data to determine patient needs or treatment.
- Inform medical professionals regarding patient conditions and care.

Additional References

Career OneStop

www.careeronestop.org

O*Net Online

online.onetcenter.org