

# HOTT Activities



Lesson Plan

## Johnny's Hands

Name: \_\_\_\_\_

Date: 6-11-12

Grade Level: K-2

Class/Classes: Language Arts

Professions: A variety of health professions

References: [www.healthyhands.com](http://www.healthyhands.com)

All HOTT lesson plans are designed with the purpose of increasing students' awareness of the variety of health careers that are available to them. If possible, invite the corresponding health professional into your classroom to discuss his/her occupation. If this is not an option, use the attached sheet(s) to share this/these career(s) with your students.

**Purpose:** Children will learn to identify a circle story (i.e. *A House for Hermit Crab* by Eric Carle), and also learn to understand the components and sequence of proper hand hygiene. Children will color, cut out and assemble a circular sequence based on a story read to them about hand hygiene.

**Materials needed:** "Johnny's Hands" circle story, crayons or markers, scissors, glue, paste, or tape, *Optional* "A House for Hermit Crab" by Eric Carle (to use as an example)

**Duration:** 20- 25 minutes

### Instructions:

- **Before You Start:** Duplicate each side of the story (one each per child), Teachers of the youngest children may wish to pre-cut the pieces from the black lines.
- Explain the concept of a circle story; a story that has a beginning, middle, and then ends in much the same way as it began. Share with them the story of *A House for Hermit Crab* by Eric Carle, if available and if time permits.
- Explain to the children that they will now put together their own circle story, called "Johnny's Hands." It is about a young boy who gets his hands dirty while playing outside. Ask them what they think he does about his dirty hands? [*He washes them*]
- Explain that Johnny goes outside to play again. Ask them what they think will happen to his hands this time?
- Pass out copies of story (with illustrations) and ask children to color the pictures.
- Read the caption beneath each picture with the class.
- Ask children to cut out the pictures.
- Pass out copies of story (with blank circle template) and have children glue their pictures onto it in the proper sequence. Point out context and sequence clues, if necessary.
- Have children share their completed project with a classmate or a parent.

**Proper Sequence** When assembled correctly, the circle story should read as follows:

- Johnny has clean hands!
- He goes outside to play. While playing in the yard, Johnny sneezes into his hands.
- There's no sink nearby, so Johnny sanitizes his hands to get rid of sneeze germs.
- Now it's okay to play with his friends in his sandbox. But look at those dirty hands!
- After playing, Johnny washes with liquid soap and warm water. Then he uses hand sanitizer.

Ask the following questions after the students have finished:

- What did Johnny do after his hands got dirty? [*Washed with soap and water.*]
- Why was it important to use hand sanitizer as well? [*Hand sanitizer can be an effective supplement to routine hand washing, helping to kill more germs than just plain soap and water alone. It can also be used when soap and water are not available.*]
- Why does "Johnny's Hands" make a good circle story? [*Hand hygiene is an often-repeated process throughout the day.*]
- Review Words to Share
  - ◆ Hand hygiene
  - ◆ Hand sanitizer
  - ◆ Hygiene
  - ◆ Sanitize

**Possible extensions include:**

- You might ask children to come up with additional situations to add to their circle stories about hand hygiene.
- Ask children to come up with different circle stories pertaining to general healthy living and hygiene, such as brushing one's teeth and eating balanced meals.

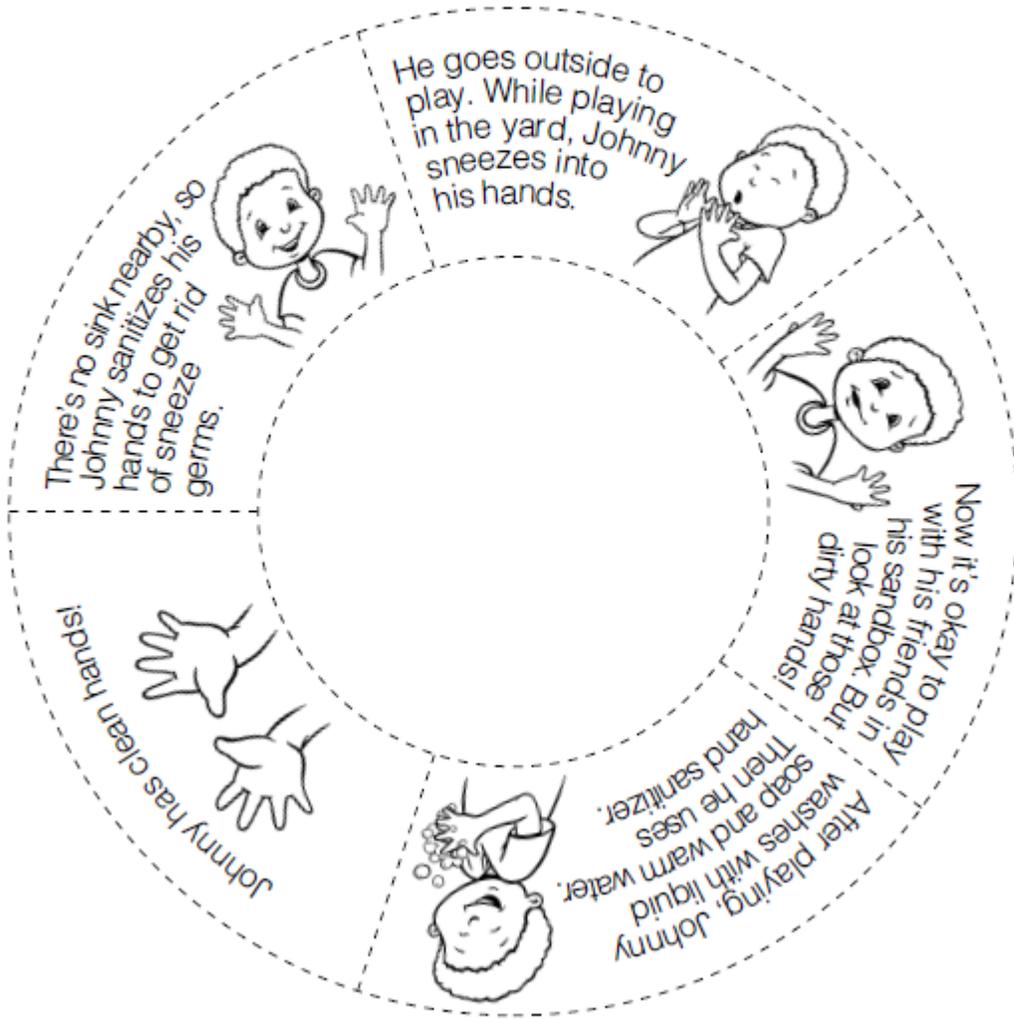
**Adaptations:**

- Older children can be encouraged to read their stories to each other.

**Blackline Master 3.3**

## Circle Story Illustrations

Color each of the pictures below. After you have finished coloring, cut the pieces out carefully with a pair of scissors. Then reconnect the pictures into a circle to tell a story about Johnny's hands. **Note:** They are **not** in the right order the way you see them now.



## Circle Story Board

Glue your colored pictures in the spaces below, connecting them in the right order to tell a story about Johnny's hands.



A **children's doctor** or a **pediatrician** is a doctor who helps kids and babies feel better when they are sick. They give them check-ups to make sure that they are healthy. They can also give kids medicine to help them feel better.



Who has been to the doctor or pediatrician lately?



What did the doctor do?



Where does a doctor work? (*hospital, clinic*)



Who helps the doctor? (*nurse, pharmacist, lab tech....*)

