

# HOTT ACTIVITIES



Lesson  
Plan

## Glitter Germs

Name: \_\_\_\_\_

Date: 6-11-12

Grade Level: K-5

Professions: A variety of health professions

References: [www.lessonplanspage.com](http://www.lessonplanspage.com)

*All HOTT lesson plans are designed with the purpose of increasing students' awareness of the variety of health careers that are available to them. If possible, invite the corresponding health professional into your classroom to discuss his/her occupation. If this is not an option, use the attached sheet(s) to share this/these career(s) with your students.*

**Purpose:** Students learn about the importance of washing their hands. Germs are what make you sick, it is important to get rid of as many germs as possible in order to stay healthy!

**Materials needed:** Glitter, Paper towels, Soap & Water (sink area)

**Duration:** 30 minutes

**Instructions:**

- Visit <http://www.lessonplanspage.com/ScienceOGermsCleanlinessK3.htm> for instructions.

**Adaptations:** Time and chart how long it takes for each activity.