Home Health Aide

What They Do
Provide routine individualized healthcare such as changing bandages and dressing wounds, and applying topical medications to the elderly, convalescents, or persons with disabilities at the patient's home or in a care facility. Monitor or report changes in health status. May also provide personal care such as bathing, dressing, and grooming of patient.

Is This For You?
Work Interests are described in the following categories (compatible with Holland’s Model). People who tend to succeed in this career are:

Social – Like to work with other people. They enjoy teaching, helping, and curing people. They are good with words.

Realistic - Enjoy work activities that involve practical, hands-on problems and solutions.

Work Values are aspects of work that are satisfying to you. The following work values are generally associated with this career:

Relationships – Allow employees to provide service to others and work with co-workers in a friendly non-competitive environment.

Support - Offer supportive management that stands behind employees.

Independence – Allow employees to work on their own and make decisions.

Abilities reflect a person’s aptitude to acquire skills and knowledge. The following abilities are important for success in the career:

- Oral Expression
- Oral Comprehension
- Problem Sensitivity
- Inductive Reasoning
- Deductive Reasoning
Skills You Need

- **Active Listening** – Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- **Service Orientation** – Actively looking for ways to help people.
- **Social Perceptiveness** – Being aware of others’ reactions and understanding why they react as they do.
- **Critical Thinking** – Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

Education & Training

Home health aides need to complete occupational training.

Where They Work

The South Dakota Industries which employ the largest number of home health aides are:

- Community Care Facilities for the Elderly
- Private Households
- General Medical and Surgical Hospitals
- Home Health Care Services
- Local Government

SD Employment & Wages

<table>
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<tr>
<th></th>
<th>2016 Workers</th>
<th>2026 Workers</th>
<th>Numeric Change</th>
<th>Percent Change</th>
<th>Average Annual Demand for Workers</th>
<th>Median Annual Wage</th>
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<tr>
<td></td>
<td>980</td>
<td>1,060</td>
<td>140</td>
<td>15%</td>
<td>120</td>
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Activities: what you might do in a day

- Maintain medical records.
- Assist patients with daily activities.
- Give medications or immunizations.
- Engage patients in exercises or activities.
- Feed patients
- Assess physical conditions of patients to aid in diagnosis or treatment.
- Teach basic living or other adaptive skills to patients or caregivers.
- Accompany patients or clients on outings to provide assistance.
- Apply bandages, dressings, or splints.
- Administer therapy treatments to patients using hands or physical treatment aids.

Additional References

**Career OneStop**
www.careeronestop.org

**O*Net Online**
www.onetcenter.org

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