

#### What They Do

Plan or conduct therapy sessions using the creative process of art to improve clients' physical, emotional, and cognitive well-being.

# Is This For You?

**Work Interests** are described in the following categories (compatible with Holland's Model). People who tend to succeed in this career are:

**Social** – involves working with, communicating with, and teaching people. Involves helping or providing service to others.

**Artistic** – involves working with forms, designs and patterns. Require self-expression and the work can be done without following a clear set of rules.

**Investigative** – involves working with ideas, and require an extensive amount of thinking. Involves searching for facts and figuring out problems mentally.

**Work Values** are aspects of work that are satisfying to you. The following work values are generally associated with this career:

**Relationships** – allows employees to provide service to others and work with co-workers in a friendly non-competitive environment.

Achievement – results oriented and allow employees to provide service to others and work with co-workers in a friendly non-competitive environment.

**Independence** – allow employees to work on their own and make decisions.

**Abilities** reflect a person's aptitude to acquire skills and knowledge. The following abilities are important for success in the career:

- Deductive Reasoning
- Oral Comprehension
- Oral Expression
- Speech Clarity
- Inductive Reasoning
- Problem Sensitivity

# **Skills You Need**

- Social Perceptiveness being aware of others' reactions and understanding why they react as they do.
- Active Listening Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Speaking Talking to others to convey information effectively.
- Critical Thinking Using logic and reasoning to identify the strengths and weak.
- Judgement and Decision Making Considering the relative costs and benefits of potential actions to choose the most appropriate one.

# **US Employment & Wages**

# **Education & Training**

People starting in this career usually have:

- Bachelor's degree
- No work experience
- No on-the-job training

#### Where They Work

The South Dakota Industries which employ the largest number of art therapists are:

- State Government Educational Services
- General Medical and Surgical Hospitals
- Colleges and Universities
- Offices of Other Health Practitioners
- Local Government Educational Services

| 2016<br>Workers | 2026<br>Workers<br>20,500 | Numeric<br>Change | Percent<br>Change | Average<br>Demand for | Average<br>Annual |
|-----------------|---------------------------|-------------------|-------------------|-----------------------|-------------------|
| 19,200          | 20,500                    | 2,300             | 7%                | Workers<br>1,200      | Wage<br>\$46.330  |

# Activities: what you might do in a day

- Interact with patients to build rapport or provided emotional support.
- Treat patients using psychological therapies
- Develop treatment plans to use nonmedical therapies.
- Prepare reports summarizing patient diagnostic care activities.
- Monitor patient progress or responses to treatments.
- Record patients' medical histories.

#### **Additional References**

www.careeronestop.org

#### **O\*Net Online**

online.onetcenter.org