

## Target Group:



## Occupational Profile

# Art Therapist

Standard Occupational Code 29-1125.01

## What They Do

Plan or conduct therapy sessions using the creative process of art to improve clients' physical, emotional, and cognitive well-being.

## Is This For You?

**Work Interests** are described in the following categories (compatible with Holland's Model). People who tend to succeed in this career are:

**Social** – involves working with, communicating with, and teaching people. Involves helping or providing service to others.

**Artistic** – involves working with forms, designs and patterns. Require self-expression and the work can be done without following a clear set of rules.

**Investigative** – involves working with ideas, and require an extensive amount of thinking. Involves searching for facts and figuring out problems mentally.

**Work Values** are aspects of work that are satisfying to you. The following work values are generally associated with this career:

**Relationships** – allows employees to provide service to others and work with co-workers in a friendly non-competitive environment.

**Achievement** – results oriented and allow employees to provide service to others and work with co-workers in a friendly non-competitive environment.

**Independence** – allow employees to work on their own and make decisions.

**Abilities** reflect a person's aptitude to acquire skills and knowledge. The following abilities are important for success in the career:

- Deductive Reasoning
- Oral Comprehension
- Oral Expression
- Speech Clarity
- Inductive Reasoning
- Problem Sensitivity

## Skills You Need

- Social Perceptiveness – being aware of others’ reactions and understanding why they react as they do.
- Active Listening – Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- Speaking – Talking to others to convey information effectively.
- Critical Thinking – Using logic and reasoning to identify the strengths and weak.
- Judgement and Decision Making – Considering the relative costs and benefits of potential actions to choose the most appropriate one.

## Education & Training

People starting in this career usually have:

- Bachelor’s degree
- No work experience
- No on-the-job training

## Where They Work

The South Dakota Industries which employ the largest number of art therapists are:

- State Government Educational Services
- General Medical and Surgical Hospitals
- Colleges and Universities
- Offices of Other Health Practitioners
- Local Government Educational Services

## US Employment & Wages

2016 Workers	2026 Workers	Numeric Change	Percent Change	Average Annual Demand for Workers	Median Annual Wage
19,200	20,500	2,300	7%	1,200	\$47,680

## Activities: what you might do in a day

- Interact with patients to build rapport or provided emotional support.
- Treat patients using psychological therapies
- Develop treatment plans to use non-medical therapies.
- Prepare reports summarizing patient diagnostic care activities.
- Monitor patient progress or responses to treatments.
- Record patients’ medical histories.

## Additional References

[www.careeronestop.org](http://www.careeronestop.org)

O\*Net Online

[online.onetcenter.org](http://online.onetcenter.org)